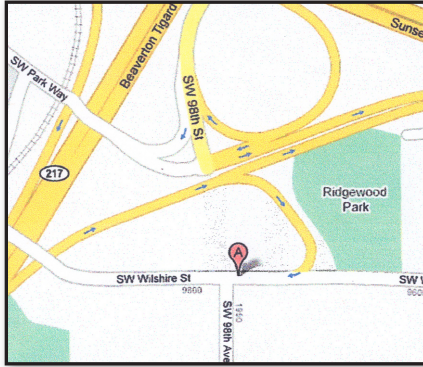


Wilshire Surgery Center
9775 SW Wilshire Street, Suite 250
Portland, Oregon 97225



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9775 SW Wilshire Street, Suite 250
Portland, Oregon 97225
503.688.5180
www.wilshiresurgerycenter.com

The Wilshire Surgery Center

is dedicated to providing individualized, high quality medical care in an ethically responsible, caring and respectful environment.



DIRECTIONS

Heading West on Highway 26

Take the Barnes/Park Way Exit #69B, Turn Left toward SW Park Way, Turn Right on SW Park Way. Make immediate Left toward SW Wilshire Street (toward HWY 217). Turn Left on SW Wilshire Street. We are the 2nd building on the Left.

Heading North on Highway 217

Take the HWY 26 East Exit. Take the Exit toward Cedar Hills Blvd. Merge onto SW Wilshire. We are the new building on your Right as you exit.

Heading East on Highway 26

Take the Barnes Road/Park Way Exit #69B. Stay straight to merge onto SW Park Way. Make immediate Left toward SW Wilshire Street (toward HWY 217). Turn Left on SW Wilshire Street. We are the 2nd building on the Left.

The staff of Wilshire Surgery Center are grateful for the opportunity to care for you or your family member and wish you a safe and speedy recovery.

OUR MISSION

» **To provide** considerate, respectful care at all times and under all circumstances with recognition of your personal dignity.

» **To value** your rights to privacy and confidentiality.

» **To inform**, educate, and collaborate with you and your family in planning for your care.

» **To conduct** our business in an ethical and honest manner.

In preparation for your visit...

Please read this brochure prior to the day of your surgery. There is important information related to your Patient Rights, Advance Directives and Physician ownership of this surgery center. The government requires that we notify you of these policies prior to your admission to the surgery center.

»Follow these guidelines to ensure that your visit goes smoothly:

1. You can NOT have anything to eat or drink after midnight the night before your surgery. This includes water, food, coffee, any liquids, chewing tobacco, candy such as breath mints, etc. This is for your own safety. Failure to follow these instructions may result in cancellation of your surgery.
2. Patients who are having an outpatient procedure must arrange for a responsible adult to take them home and stay with them. To assure patient's safety, taxi rides are not allowed without a responsible party to accompany the patient.
3. You should take your usual morning blood pressure and heart medicines with a sip of water. A nurse from the Surgery Center will call you the day prior to your surgery to discuss your health status and rights, including current medications, allergies and other pre-op information. If you do not receive a call from a nurse, please call 503.688.5180. Please bring a list of medications with you, including vitamins, herbals and over the counter medications.
4. You have the right to expect appropriate pain control. We may not be able to get rid of all your pain, but we can lower it to a level you can handle. Your physician will write a prescription for pain pills that you will be using at home. Wilshire Surgery Center does not fill your home prescriptions. You will need to be prepared to purchase your pain medication at your pharmacy of choice.
5. If you wear contact lenses, bring a container for the lenses or wear your glasses on the day of your procedure.
6. If you develop a cold or persistent cough, fever or any other health related problems, or if you need to cancel your surgery, please notify your physician.
7. Before your procedure, we will need a copy of your insurance cards and photo ID. Minors must have a parent or legal guardian sign a permit before surgery. If you have power of attorney or guardianship papers signed by the courts, please bring these with you.
8. We encourage you to leave valuables at home. All jewelry must be removed, including ALL body piercings.

Admission and cost....

Prior to admission, you will be contacted regarding your insurance and payment arrangements.

PLEASE NOTE: Patients are asked to pay their co-payments, co-insurance and any deductible, if applicable, the day of surgery unless other arrangements have been made in advance.

Please bring your current insurance card and photo ID.

Not included in the Center's fees are the services of our Surgeons, Anesthesiologists and Pathologists.

We want to inform you that your Surgeon may have an ownership interest in the Surgery Center.

Before admission each adult patient should review:

- Patient's Rights and Responsibilities
- Physician Ownership Disclosure
- Advance Directives Information: An Advance Directive or Living Will is a legal document signed by you about how you want your health care decisions handled and who you want to make decisions for you in the event that you are unable.

If you have a Living Will or Advance Directive, please bring a copy with you the day of surgery. The Advance Directive will be on file. It is our goal to respect and encourage patient self-determination. Because Wilshire Surgery Center mainly performs elective surgeries on an outpatient basis, we do not follow Advance Directives. If you have questions call the center.

»Recovery

Once your surgery is complete, you will be taken immediately to the recovery unit (PACU – Post Anesthesia Care Unit) where an acute care nurse will attend to your care. Your blood pressure, pulse and oxygen saturation will be closely monitored while you are waking up from anesthesia. At this time, your surgeon will speak with your family or friend regarding your surgery.

You will also be asked to rate your discomfort several times during the course of your stay using a 0-10 scale (0 no pain, 10 severe pain). Your pain or discomfort will be treated accordingly. The amount of time you spend in PACU depends on the type of surgery and anesthesia you received. Once you are awake and alert your family or friend will be notified and may join you in the recovery unit.

Once discharged from our facility a nurse from the surgery center will call you within 72 hours to check on you and answer any questions you may have. Also, upon discharge you must wait 24 hours before:

Driving – Making any important decisions – Consuming alcoholic beverages – Staying by yourself.